My State & Four Seasons Explorer

Category: USA Knowledge | Ages: 4–6 | Time: 15 min | Prep: 3 minutes | Mess: Low | Indoor

Why it matters

US kindergarten morning meetings almost always include a daily calendar and weather check! Helping children understand the four seasons—Spring, Summer, Fall (Autumn), and Winter—and where their home state sits on the US map builds early geography and science readiness.

Materials checklist

[ ] A paper plate or circle of paper, crayons, and a picture or printout of a US map

Step-by-step instructions

1. Divide a paper plate into 4 quarters and label them Spring, Summer, Fall, and Winter.
2. Draw one clue in each section together: flowers for Spring, sun for Summer, orange leaves for Fall, and snow or a cozy coat for Winter.
3. Look at a US map together and point to your home state—trace its shape with a finger!
4. Talk about what the weather feels like in your state during each of the four seasons.
5. Spin or point to today's season and choose the right clothes for a teddy bear to wear outside.

What to say

- "Here is our state on the US map—and way over here on the coast is the ocean!"
- "In Fall, what happens to the leaves on the trees near our house?"
- "If it's Winter today, what should teddy wear to stay warm?"

Notes & observations: