SCHOOL READY QUEST · US LETTER PRINTABLE

First Week of Kindergarten Checklist

First-Day-of-School | Ages: 4–6 years | schoolreadyquest.com

The Night Before

- ☐ Pack backpack together (folder, spare clothes in labeled bag, water bottle)
- ☐ Label coat, lunchbox, water bottle, and backpack with child's name
- ☐ Set out comfortable clothes and easy-on shoes
- ☐ Keep bedtime calm and predictable with one favorite story

Morning & Drop-Off

- ☐ Eat a steady breakfast with plenty of buffer time
- ☐ Use a short, warm goodbye ritual at the door ("Hug, wave, see you after school!")
- ☐ Remind your child where you will meet them at pickup

After School & Week 1 Check-In

- ☐ Offer water and a quiet snack before asking lots of questions
- ☐ Try gentle prompts: "Who did you play with?" or "What made you smile?"
- ☐ Empty the take-home folder together each evening

Notes: